



Artists MBA Mastery Lab

Call Guideline and Schedule

I've booked the next 6 months of the year to the best of my current knowledge, however, my travel schedule may change. I will update you with any changes to our coaching call schedule as soon as I know about them – so please do read all [Mastery Lab] emails when they come in your box!

September 19 at 2PM

October 18 at 4PM

November 13 at 2PM

December 19 at 4PM

I invite you to book at least 90 minutes in your calendar for these calls so you don't miss anything, however all calls will be recorded if you can't attend them all in their entirety.

The first 15-20 minutes of each call will have any admin announcements and then a Mastery Teaching from me. These teachings may be ideas I'm working with for future classes. They may be more in-depth teachings than are available in classes. They may be about something I'm seeing in the Lab community of coming from your questions. You never know!

The rest of the call is completely dependent on your questions or issues that you post for consideration in the Facebook Call Announcement post. If you don't post your question there – I won't see it when I'm prepping and I won't be able to answer it in the coaching call. So make sure you post in the call announcement as a comment.



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So, what should you ask?

- ✓ You can ask about anything that you are struggling with in your business or your life.
- ✓ You can ask about big problems or small problems.
- ✓ You can ask for resources or suggestions or brainstorming.
- ✓ You can ask about issues or concerns – even if you're not really sure what your question is.
- ✓ You can ask about any of the things there are classes on – and you can ask about a specific thing you heard in a class, but aren't sure how to apply it to your life or business.
- ✓ You can ask for support around an emotional issue, like confidence or courage
- ✓ You can ask about opportunities that you're thinking about and need help with making a decision.

My only request is that you please not ask for legal advice as I am not a lawyer. I have some knowledge about things like copyright and such – but would probably get my information the same way you would – from Google.

How to prepare for the call:

Ideally, you can put everything down and away for the hour or so of the call. Set it all aside, your email, Facebook, etc. And be fully present for the call.

Ideally, you will call in using your video camera so we can all see each other. But if that's not possible, because of where you are, you can call in by telephone, as well. Be prepared to mute yourself if you're in a noisy environment.

Ideally, you'll have access to your computer or device so you can also participate in the chat. Very often brainstorming and other things happen during the chat that can be very valuable. But also know that some people find trying to participate in the chat and the call at the same time is too distracting – so you're not required to participate in the chat.



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Participate in the way that makes the most sense for you. You can always message someone on the Facebook group if you want to contribute to a brainstorm, but aren't on the call live or not on chat, for example. And you can always listen to the call again later, if you missed something because you were chatting!